

Kansas 2006 School Health Profiles Results

Chronic Disease Prevention Fact Sheet

Physical Education (PE) and Physical Activity	Percent for schools with students in grades 9-12
Among schools that required physical education, percent that required 2 or more PE courses	61%
Among schools that required a health education course, percent that taught 12 physical activity topics	42%
Percent of schools in which the lead health education teacher received staff development during the past 2 years on physical activity and fitness	54%
Among schools that required a physical education course, percent of schools where students could not be exempted from taking a required PE course for being enrolled in other courses or for participating in school sports, other school activities, and community sports	80%
Percent of schools that offered students intramural activities or physical activity clubs	35%
Among schools that offered intramural activities or physical activity clubs, percent that provided students with transportation home after intramural activities or physical activity clubs	34%
Percent of schools that support or promote walking or biking to and from school	48%
Nutrition and Food Service	Percent for schools with students in grades 9-12
Among schools that served lunch to students, percent that allowed students 20 or more minutes to eat lunch once they were seated	78%
Among schools in which students could buy foods or beverages from vending machines or at the school store, canteen, or snack bar, percent in which fruits or vegetables were available for purchase	11%
Among schools in which students could buy foods or beverages from vending machines or at the school store, canteen, or snack bar, percent in which bottled water was available for purchase	93%
Among schools in which students could buy foods or beverages from vending machines or at the school store, canteen or snack bar, percent that did not allow students to purchase snack foods or beverages during school lunch periods	53%



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Nutrition and Food Service Continued		Percent for schools with students in grades 9-12
Among schools that required a health education course, percent that taught 14 nutrition and dietary topics		60%
Percent of schools in which the lead health education teacher received staff development during the past 2 years on nutrition and dietary behavior		39%
Percent of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar		86%
Tobacco Use Prevention		Percent for schools with students in grades 9-12
Percent of schools that had and “ideal” tobacco use prevention policy		29%
Percent of schools that provided referrals to tobacco cessation programs for faculty and staff		12%
Percent of school that prohibited all tobacco advertising		94%
Percent of schools that posted signs marking a tobacco-free school zone		56%
Among schools that required a health education course, percent that taught 17 tobacco use prevention topics		46%
Percent of schools in which the lead health education teacher received staff development during the past 2 years on tobacco use prevention		26%
<p><u>Where can I find more information?</u> More information about the 2006 Kansas School Health Profiles is available on The Kansas Coordinated School Health website: www.kshealthykids.org</p>		

